	CHS Sample Monthly Budget Worksheet
Monthly Income: List all current, regular monthly income of	after taxes for your family member below.
<u>Income</u>	Average Amount per month
Employment Income (net)	\$
SSI/SSDI	\$
Food Stamps	\$
Trust Fund/Investment earnings	\$
Monthly assistance from family	\$
Section 8 Housing Subsidy	\$
Other Income (list sources):	
	\$
	\$
	\$
Total Monthly Income	\$
Monthly Expenses: List/estimate all monthly expenses for th Expenses Av	e housing model you are considering. verage Amount per month
Rent/Mortgage	\$
Condo fee/property taxes	\$
Homeowner or Renter Insurance	\$
Gas/Electric payment(s)	\$
Water/Sewage/Trash Collection	\$
Cable/Phone/Internet	\$
Repairs & Maintenance	\$
Food	\$
Clothing	\$
Furniture/Household items	\$
Transportation	\$
Recreation and Leisure	\$
Health Care	\$
Support staff services (list)	
	\$
	\$
	\$
Total Monthly Expenses	\$

Contact us to find out more about what's possible:

Janice Ellis, Director of Clinical Supports
Cooperative for Human Services, Inc.
420 Bedford Street, Suite 100
Lexington, MA 02420
(781) 538-4626 x 230
jellis_ballerini@cooperativeforhs.org